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# **Face Fit Training & Test Training Course**

#### **AIM OF THE COURSE:**

Tight-fitting Respiratory Protective Equipment (RPE) needs to fit the wearer's face well in order to work correctly and provide the expected protection. As faces come in all shapes and sizes, each wearer needs to be supplied with a facepiece which matches their face. Fit testing demonstrates how well a facepiece matches the individual's face. It is used to select a facemask which is a good match for them. HSE's relevant Approved Codes of Practice (ACOP) require that fit testing be carried out as part of the initial RPE selection process, to ensure that the wearer has the correct facepiece. This course will explain the importance of fit testing, the responsibilities of employers and introduce the various fit testing methods. Practical sessions will cover the essential skills of pre-use checking and correct donning of facepieces, before going on to provide opportunity to practice fit testing using the 2 methods which are extensively and almost exclusively in use in the UK.

#### WHO SHOULD ATTEND:

This course is ideal for those new to, or relatively new to, practical fit testing and also suitable for those with responsibility for correct selection of respiratory protection.

# **COURSE REQUIREMENTS:**

Candidates do not require any previous experience but must be able to certify that they are physically fit and have no medical conditions that might prevent them from attending this course. Delegates should be able to write and speak in English. Safety equipment will be supplied by your trainer.

### **COURSE SUMMARY:**

Candidates will participate in theory lessons and practical demonstrations / exercises, all of which are highlighted by the use of Video Presentations covering:

- Understanding the importance of fit testing
- Principles of fit testing methods
- Essential pre-use checking and correct donning of facemasks
- Responsibilities of employers and fit testers
- Qualitative fit testing using Bitrex or Saccharin

### **CERTIFICATION:**

Certificate of Competence, valid for 3 years before renewal.